



Swim Rotorua Summer Sizzler

SUNDAY 21ST JANUARY 2018

25m Indoor Pool
Rotorua Aquatic Centre

Warm Up 8.30am
Start 9.00am

Session One		
1	200	Backstroke
2	50	Freestyle
3	400	Medley
4	50	Breaststroke
5	200	Freestyle
6	100	Butterfly
7	50	Backstroke
8	200	Breaststroke
9	4 x 50	Mixed 12/u Medley Relay
10	4 x 50	Mixed 13/o Medley Relay
60 minute break		
Session Two		
11	200	Medley
12	50	Butterfly
13	400	Freestyle
14	100	Breaststroke
15	200	Butterfly
16	100	Backstroke
17	100	Freestyle
18	4 x 50	Mixed 12/u Free Relay
19	4 x 50	Mixed 13/o Free Relay

conditions

Meet to be conducted under the technical rules of FINA with local rules taking precedence

1. Entries close - 8.00pm 16th January 2018, late entries **not** accepted.
2. Entries via the SNZ database
3. Age as at 21st January 2018
4. Entry fee **\$9.00** per event, relays free.
5. **Times**- NT's are **not** accepted.
6. **Ribbons** - awarded to 1st, 2nd and 3rd in each heat
7. **Medals** – awarded for 1st, 2nd and 3rd overall in each age group – 9 and under, 10, 11, 12, 13, 14, 15 and over (Male and Female)
8. **Relays** are mixed (2 females 2 males) as 12/u and 13/o
9. SPOT PRIZES GALORE
10. Officials : Clubs please provide **1 official per 4 swimmers**.
11. Electronic Timing will be used at this meet
12. Enquires to swimrotoruarecorder@gmail.com Ph 027 6688966